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SPA

Spa & Beauty

BUSINESS BREAK

178 SPA

Ul. Domovinskog rata 61A, 21000, Split

+385 99 8000 228

acmarriott@yestobeautey.spa

www.yestobeautey.spa



Corporate spa - team building

Relax and spend an unforgettable evening with colleagues in a pleasant and relaxing environment. Our corporate spa team building is designed to relieve stress, improve team bonding and prepare for new business challenges.

What to expect?

- A glass of sparkling wine for each participant
- Private spa area from 9:00 PM to 11:00 PM including:
 - » Indoor pool
 - » Jacuzzi
 - » Steam bath
 - » Finnish sauna
 - » Vitality bar
 - » Robe, slippers and towel
 - » Locker for personal belongings
 - » Fitness center
 - » Free parking



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Additional benefits

- Each participant can book additional treatments with a 20% discount
- Possibility to purchase gift sets and other products for employees
- Opportunity for informal socializing in a peaceful and luxurious environment

Reservation

- Minimum number of participants: 6 people
- Maximum number of participants: 20 people
- Reservation is required 7 days advance

Price

- Monday - Thursday: 25,00€ per person
- Friday, weekends and holidays: 30,00€ per person

Why choose a spa team building?

- Stress reduction – better work-life balance
- Team spirit – getting to know each other and collaborating better
- More motivation and energy – ready for new challenges



Spa facilities

Indoor pool

Water temperature: 29°

Jacuzzi

Water temperature: 35°

A jacuzzi cycle should last between 15-20 min, to a maximum of 30 min for healthy adults.

Finnish sauna

Sauna temperature: 65-85°

The sauna cycle lasts 10-15 min, with mandatory cooling down and a 20 min rest between each cycle. 2 to a maximum of 3 sauna cycles are recommended.

Steam bath

Sauna temperature: 42-45°

The cycle of the first sauna lasts 10-15 min. After going out, it is recommended to walk for 2-3 min in a cooler area and gradually shower with cold water. Rest for 20 min between each cycle of using the sauna. 2 to a maximum of 3 sauna cycles are recommended.

